



*Williams Lake
Ladies Golf Club*



Newsletter

August 2011

Message from our Club Captain:

Hello Ladies,

I trust August finds you in good spirits, despite the unsettled weather.....nevertheless we have had a great turn out for Ladies day, keep it up, I enjoy seeing you all out there.

We started the Inter-club challenge between Quesnel, 108 and ourselves. I am pleased to say Williams Lake ladies ROCK!!! We have quite a substantial lead going into the last challenge August 11th at the 108 Golf Club. The first trip was to Quesnel July 14th we had a great time and a lovely lunch, no rain!!! A fun time was had by all. Congratulations to Doris Gage for having the lowest round of the day with a 71 net. Then on July 27th we played at home, and once again the golf gods were kind to us with no rain.....once again a Williams Lake player had the low net, well done Peggy Menning carding a 71 net.

I have posted another sign-up sheet on the bulletin board for anyone that is interested in going to the 108 August 11th, it is open to all Ladies club members, so lets go out with a bang!!...

You may not know Club Championships are now being organized by the Main Club, the new date is August 27th & 28th. You can sign up at the pro shop, there is a \$30 charge for this event, hope to see you there.

That's it for me, have a great month.

Barb



Club Championship

August 27th and 28th - Cost \$30.00
Register at the Pro Shop



My Checklist: What to do before you hit a shot

By Peter Stellato, CPGA Head Golf Professional, Williams Lake Golf & Tennis Club

Here are some of my secrets in playing better golf:

√ WAIT YOUR TURN.

I know this might sound odd, but if you're ready to hit and it's not your turn, that can screw up your timing. So, even when I know which club I want, I won't pull it from the bag until I can go right into my shot. Does this slow down play? Not if you move decisively from there.

√ NARROW YOUR FOCUS.

From behind the ball, pick a specific target -- like a tree, the edge of a bunker, even the flag. This will help you set up well and stay with the shot. If you have only a vague idea of your target, it's tough to make a committed swing.

√ STAY LOCKED ON THE TARGET.

Keep your eyes on your target as you walk into the shot. If you look away, it'll be difficult to align your body correctly at address. Players who start the process standing next to the ball usually don't aim very well.

√ KNOW WHEN TO LET GO.

It's OK to run down a checklist as you're setting up to the ball -- grip pressure, posture, aim and alignment, swing thoughts and such. But when it's time to take the club back, forget all that and go with one thought. It could be the target you've just selected or a goal for the swing. For me, it's take it away smoothly.

Ladies Day

MONTH END SKILL PRIZE WINNERS FOR JULY

Golfer of the Month

Won by Lisa Kerley who improved her factor by 1.283.

9 hole Putter of the Month

Won by Sharon Cleveland with an average of 15.5 putts/round.

18 hole Putter of the Month

Won by Caroline Munich with an average of 31 putts/round.

CONGRATULATIONS ON "BREAKING 50"

Sharon Duffin on Friday, July 15th, shooting a 49.

Gina Alexander on Ladies Day, July 19th, shooting a 46.

Way to go Ladies!!

Ladies Days:

August 2nd - Pin Round #4

August 9th - Best Odds

August 16th - Pin Round # 5

August 23rd - Five of Clubs

August 30th - Pin Round #6

SUMMER RULES

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Newsletter Published Monthly
and available online at:
www.williamslakegolf.ca