



Williams Lake Ladies Golf Club



Newsletter

July 2011

Message from our Club Captain:

Hello Ladies,

Well the TLC is over and done for this year and on the whole it was a successful tournament. The survey I put out on Sunday came back with some very positive remarks. All but one liked the format and would like to see it again next year. The biggest concern was the scoring, some would like to see it flighted and have a gross prize or two. One person wanted the scoring changed half way through the tournament. That would have meant Gary Hayes would have had to re-do the program on the computer and after all the help and time he had already put into making the program I was not about to ask him to change it half way through the tournament. I'm sure all the concerns will be fixed before next year.

Congratulations go out to tournament winners Marlene Anderson and Lorane Taylor, it was a **TEAM** effort that moved them up from 18th place on Saturday to 1st place on Sunday. As Gary said at the banquet, "moving day is Sunday." Way to go girls.

I would like to thank again the whole Executive for all their hard work, a job well done.

Our next project is the Inter-Club Challenge between Quesnel and 108. Players that signed up on the interest list will qualify with their net pin round score from July 5th. The first matches will be on July 14th in Quesnel. Tee times are still to be scheduled, you will get a phone call well in advance if you qualified. You can then arrange to car pool with other players. Good luck and play well.

Happy golfing,
Barb Vincent



Club Championship

July 23rd and 24th - Cost \$30.00
Register at the Pro Shop

Golf Tip of the Month

GETTING MORE DISTANCE

BEST TIP: Maximize coil and keep body relaxed with a light grip.

At address, keep most of your weight on right foot.

Widen your stance, with toes pointed out.

Tee ball high and hit it with an ascending blow.

Use a strong grip and light grip pressure.

Waggle to relax muscles and rehearse hinging of right wrist.

Make a wide arc and strive for maximum extension.

Maximize coil and get left shoulder and hip behind ball on backswing.

To maximize coil, don't lift left foot on backswing.

Hinge wrists fully at top of backswing.

Be sure to complete the backswing to put the club in the right position.

Don't let your left arm bend at the top of the backswing.

Start your downswing by pointing the butt end of the club toward the ball.

Relax arms, make a shallow approach, delay turning of shoulders on downswing, let arms extend and pull shoulders into finish.

Accelerate the club slowly on downswing.

Rotate shaft through impact.

Try to generate maximum clubhead speed when the clubhead passes the ball, not at or before impact.

Keep head and upper body behind ball throughout swing.

Try to keep your right heel on the ground longer on downswing to help keep your body back.

Hit the ball on the upswing.

Throughout the swing, the only pressure point in your grip should be at the point where the lower pad of your right thumb meets the knuckle of your left thumb.

Ladies Day

MONTH END SKILL PRIZE WINNERS FOR JUNE

Golfer of the Month

Won by Dianne Ward who improved her factor by 1.186.

9 hole Putter of the Month

Won by Sharon Duffin with an average of 14.5 putts/round.

18 hole Putter of the Month

Won by Elsie Montgomery with an average of 27 putts/round.

Congratulations Ladies! Please pick up your prize in the Locker Room.

NEW on Ladies Day. The Fox's Den has generously donated a \$10.00 Gift Certificate to be given out by random draw each week to a member who has signed up and participated in the weekly competition. A big "Thank You" to Delynn Armitage, Manager of the Fox's Den for his support.

THANK YOU to everyone who baked goodies and brought fruit for the T.L.C. breakfast. It was an amazing spread! Thanks also go out to those that brought wrapped gifts. Because of your generosity every participant received a Door Prize. Great job everyone!

REMINDER to register for Club Championships being held on July 23rd and 24th. This event is being put on by the Williams Lake Golf & Tennis Club and is open to all members. Lunch on Saturday and prizes will be provided and the cost is \$30.00 this year. Please register at the Pro Shop.



Ladies' Day Specials

July 5th

Philly Cheese Steak & Fries

\$8.50

July 12th

Crispy Chicken Caesar Wrap

\$8.00

July 19th

Acapulco Salad

\$10.00

July 26th

Spicy Prawn Caesar Salad

\$10.00

Ladies Days:

July 5th - Pin Round #2

July 12th - O.N.E.S.

July 19th - Pin Round #3

July 26th - Secret Holes

SUMMER RULES

*Williams Lake
Ladies Golf Club*

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www.williamslakegolf.ca